

June 2009

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

Enabling residents to find meaning and joy in life, in a caring Christian environment



He didn't tell me how to live; He lived and let me watch him do it.

-Clarence Budington Kelland



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Welcome June

Another month has come and gone and here we are in June already! Last month was a month to celebrate all the mothers in our lives. Markhaven held a successful Mother's Day Celebration. This month we will be celebrating all the Fathers in our lives. Father's Day falls on June 21st this month. This will also be the first day of summer!

Now that the weather is starting to cooperate a little better, make sure to join the Program Department as they continue the monthly outings. They will be taking a bus full of residents out for ice cream and a drive this month. More details on page 3 about upcoming outings and events.

Markhaven wishes everyone a happy and safe start to the summer!

Reminder

Just a reminder to anyone that is bringing a resident out of the facility that you must sign the resident out before leaving. There is a labeled sign-out book located at each of the nurses stations.

We also ask all visitors please use the sign-in/ sign-out book located in the front lobby. This assists us with security in the building and also enables staff to contact all visitors for any reason deemed necessary.

Office Hours – Regular

The office will be open:
8am - 5pm -- Monday to Friday

Poem of the Month

DAD

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad





Chaplain's Corner



One of my favourite psalms is Psalm 23. Most residents are familiar with this psalm and enjoy it when I read it to them.

The psalm begins, *The Lord is my shepherd*. We know who *the Lord* is because of what Jesus said in John 10, *I am the Good Shepherd*. In Psalm 23, I notice there are 3 things that Jesus, as Shepherd, does for us.

First, Jesus walks in front of us. As any good shepherd, he stays ahead of his sheep who don't know where to go and badly need to be led. Jesus wants to lead us to quiet waters where we can rest and be renewed. He also is the one who will guide us down right paths helping us to make decisions and choices which honour God.

Second, Jesus walks beside us. This is especially encouraging when we walk through a dark valley in life and cannot see the path ahead. We are not afraid of stumbling and falling because Jesus stays right beside us protecting and comforting us. What a relief to have him so near!

Third, Jesus walks behind us. He loves us so much that he keeps on pursuing, often waiting patiently for us to respond to him. He waits for us to open the door of our heart to welcome him in—to give him full control of our life. He longs to have close fellowship with us.

Jesus is a Shepherd to those who are committed to following him. We begin our journey with Christ by confessing our need for him to forgive and free us from our sins and by inviting him to take charge of our life. The journey with Christ continues, as we keep putting our personal trust and confidence in him—surrendering our will to him, and letting him lead us wherever he desires us to go. We will experience his love and presence because he said he would never leave his sheep alone. What a Good Shepherd Jesus is!

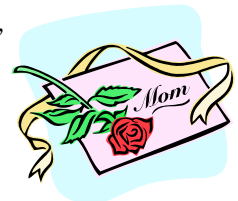
Dr. Floyd Grunau—Chaplain
905.294.2233 ext 3404

Mother's Day Event

The Mother's Day Event was held on Sunday May 10th and it was a great success. The Neely Auditorium was nicely decorated with banners, colorful balloons and flowers. It was filled with residents and their families. The residents had a quality time with their families by sharing conversation and trying out a variety of desserts and refreshments. More importantly, they all enjoyed the great performance by Dennis Hassell and Don Garratt. Dennis unfolded interesting stories continually creating laughter and applause from the audience. A member of the Board of Directors, Don Garratt graciously lent his musical talent as well, entertaining the crowd with his piano playing.

One of our residents, Lorna Lamb said: "The Mother's Day Event was a marvelous idea. Visiting families took the residents to the auditorium to join the event. They thought the treat was wonderful and the entertainment was upbeat. Both my family and I felt this is the best quality event ever."

Special thanks to our staff who worked very hard to organize this special event, as well as to volunteers, Maureen Dahl and Don Sims who helped us on the day of the event.



Program Department

Birthday Party!

Come join the fun in the Neely Auditorium on **Wednesday June 3rd, 2009** at 2:30 p.m. We will be serving refreshments and cake. The residents always look forward to hearing one of our volunteers play the piano as we serve drinks.

Reading Programs

The school children will be coming for their monthly visit to read to the residents. Here are the dates and times to look forward to:

Thursday June 18th, 2009, 2:30p.m.—E.T. Crowle

Wednesday June 24th, 2009, 10:30a.m.—Greenborough P.S.

Outing

Come join the program staff on **Monday June 22nd, 2009** for a drive and ice cream. We will be renting a bus which will depart at 1:30p.m. and will return at 4:00p.m. Let the program staff know if you are interested in your family member attending this event. Volunteers and family members are always welcome to assist on these outings.

Entertainment

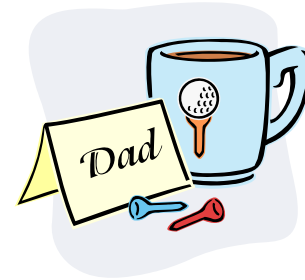
Make sure to save the following dates. Both entertainers will perform in the Neely Auditorium at 2:30 p.m.

Wednesday June 10th, 2009— Ronnie Lyke

Friday June 26th, 2009— Sandra Cohen Singing

Father's Day

Everyone welcome to join as we watch a "Father's Day" themed movie in the Neely Auditorium on **Friday June 19th, 2009**. The movie will begin at 2:30p.m. Refreshments and treats will be served during this event.



Comfort Shoes

Comfort Shoes will be holding their shoe sale in the Neely Auditorium on **Thursday June 11th, 2009** from 1:00p.m.-4:00p.m. Everyone is welcome to take a look!

Management Team

Executive Director:

Basil Tambakis ext.3301

Director of Care:

Karrie Brandt ext. 3303

Clinical Nurse Mgr:

Louise Alvarez ext 3302

Director of Business Services:

Laura Burns ext. 3304

Director of Program Services:

Hazel Moore ext. 3309

Chaplain:

Floyd Grunau ext. 3404

Environmental/Laundry:

Jun Concha ext. 3305

Food Services:

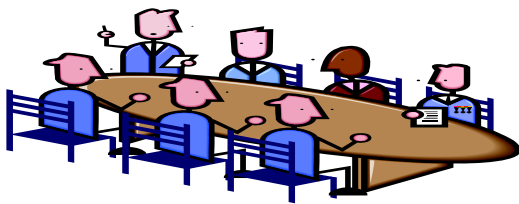
Daisy Lin ext. 3307

Resident & Volunteer Services:

Brenda Wilson ext. 3308

Admin Assistant:

Robin Drake ext. 3333



Important Updates

RESIDENTS, FAMILY & POA's

Please note the following updates to Markhaven Inc. Concerns and Complaints policy:

Email communication is considered verbal communication and will not be considered a written complaint; a written complaint to be forwarded to the MOH must be submitted on paper to administration. Verbal complaints to be documented electronically on complaint form and followed up as required. Client Response/Complaint form (LGM-A-040-01) is used to record the facts and action taken. This information is to be kept on computer file and taken to the quarterly Continuous Quality Improvement Committee meetings for discussion and to find ways to improve the delivery of our services to our residents.

The updated policy is posted in our Public Information binder which is kept at our visitor sign in desk in our front lobby and is also posted on our Family/Resident bulletin board which is located on our 1st floor on the wall directly beside the entrance to our main kitchen.

Verse of the Month

I have no greater joy
than to hear
that my children
walk in truth.

3 John 1.4

