

December 2008

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

Enabling residents to find meaning and joy in life, in a caring Christian environment



"Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful."

- Norman V. Peale



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Welcome December

There's snow on the ground. That must mean Christmas is on it's way! Everyone here at Markhaven would like to wish all the families and residents a very Merry Christmas, Happy Holidays and a safe new year!

Christmas Dinner

The residents' Christmas dinner will be held on December 25th at 12:00p.m. If there are any family members that wish to join a resident on this day, please purchase a \$10.00 meal ticket (per person) in the main office. Please order your ticket before December 12th to ensure that there will be enough food ordered for Christmas dinner.



Office Hours – Regular

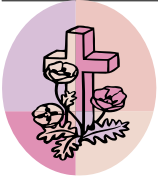
The office will be open:
8am - 5pm -- Monday to Friday

Christmas Donations

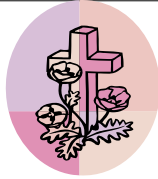
Thank you for those that have contributed to our "family in need" this year for Christmas. If there is anyone that would like to donate new items of clothing, toys or gift certificates please drop these items in the gift box located under the Christmas tree in the front lobby. The family needing our assistance consists of parents with three girls and one boy. The girls are ages 7, 11, and 12. And the boy is age 16. No gift is too small!

Resident Stockings

If anyone is interested in filling a Christmas stocking for one or more of the residents please pick up your stocking from Hazel Moore's office in the 1N unit. Examples of items to fill the stockings with would be mittens, socks, non perishable items and personal items eg. Soap, shampoo, lotions, toothpaste etc. Please return the stocking on or before December 17th.



Chaplain's Corner



At our last Bible discussion group, we read Mark chapter 2 verses 1-12. It was the story of 4 men who brought their paralyzed friend to Jesus for healing. The house was packed so they climbed the outside stairs, removed some roof tiles and let their friend down into the room. Jesus saw the faith of these men. But instead of healing their friend immediately he said, *Son, your sins are forgiven.* This angered the religious leaders because only God could forgive sins. Jesus proved to these leaders that he had the authority to forgive sins by healing the paralyzed man. The man obeyed the command of Jesus, stood up, picked up his mat and walked! People were amazed and gave glory to God. They recognized that such healing power came from God

Jesus' action fit perfectly with God's revelation years earlier to Joseph in a dream. The angel encouraged Joseph to go ahead with his marriage to Mary. He said, *For the child within her has been conceived by the Holy Spirit. And she will have a son, and you are to name him Jesus, for he will save his people from their sins* (Matt. 1:20-21). And this was an exact fulfillment of God's message through the prophet Isaiah, *The virgin will conceive a child! She will give birth to a son, and he will be called Immanuel (meaning, God is with us)* (Isaiah 7:14).

The message of Christmas is clear then: Jesus came to earth to save people from their sins. That's the reason for the season. Jesus is still interested in healing people physically but his greater desire is to see their hearts and lives transformed. People who confess their needs and sins to Christ will experience his love and forgiveness. That brings joy and peace to their hearts and glory to God.

It is my desire that each of you will experience a most blessed Christmas!

Dr. Floyd Grunau - Chaplain — 905-294-2233 ext 3404

Home Management Team

Executive Director: Basil Tambakis

Director of Care: Karrie Brandt

Director of Business Services:
Laura Burns

Director of Program Services:
Hazel Moore

Chaplain:
Floyd Grunau

Environmental/Laundry:
Randy Haugh

Food Services: Jennifer Foster

Resident & Volunteer Services:
Brenda Wilson

Admin Assistant: Robin Drake

Aging in the Community

Markhaven has invited the new Aging in the Community Team, to use the space on the 2nd floor known as the "ADC", as their administrative space. This team of professionals will be out in the community doing assessments and providing health services to allow seniors to remain in their own homes for as long as their health and circumstances will permit. Markhaven will be their home office for administrative and meeting purposes.

We are pleased to be able to provide our support to this important new Central Local Health Integration Network (LHIN) initiative. We are partnering with a number health care providers including Markham Stouffville Hospital, North York General Hospital, Southlake Regional Health Centre, and South East Geriatric Group, York Central Hospital, and Humber River Regional Hospital.

This space will no longer be available for resident, family and Markhaven staff use. Families can book the use of the resident unit activity rooms and lounges for family events through Programs Department for after hours and weekend use when these rooms may be available.





Program Department



Christmas Party

Come join the fun in the Neely Auditorium from 2:00p.m.~ 4:00p.m. for the residents' annual Christmas party. This event will be held on Tuesday, December 9th. Musical entertainment will be provided by Ronny Lyke. There will be lots of goodies to go around as well!

Birthday Party

Come join the program staff as we throw the residents their monthly birthday party on Wednesday, December 3rd at 2:30p.m. in the Neely Auditorium. We will have piano entertainment while refreshments and cake are served.

New Years Party!

Everyone is encouraged to celebrate New Years Eve with the program staff on Wednesday, December 31st from 2:00p.m. ~ 4:00p.m. in the Neely Auditorium. Musical entertainment will be provided by Helen Stewart. Don't miss it!

Reading Programs

The program department is pleased to welcome two different schools this month to read to our residents in the Neely Auditorium. Here is the schedule this month:

Wednesday, Dec. 10th at 10:30a.m.

Greenborough School

Wednesday, Dec. 17th at 10:30a.m.

E.T. Crowle School

Children Performance

Everyone welcome to the Neely Auditorium on Thursday, December 11th at 9:30a.m. to see the Unionville Meadow P.S. children perform.

Washers & Dryers

For new residents we would like to remind you that each unit does have a small washer & dryer for our residents' use. These machines are located in the unit utility closet.

If you wish to have access to the machines you must put a \$10 deposit on a key which is arranged through our administrative office.

These machines were put in each unit to encourage independent living for our residents.

Please note that residents must supply their own laundry detergent.

Brenda Wilson

Resident & Volunteer Services Coordinator

Verse of the Month

Isaiah 9:6-7

For to us a child is born, to us a son is given,
and the government will be on his shoulders.
And he will be called Wonderful Counselor, Mighty God,
Everlasting Father, Prince of Peace.

Of the increase of his government and peace there will be no
end.

He will reign on David's throne and over his kingdom,
establishing and upholding it with justice and righteousness
from that time on and forever.

The zeal of the LORD Almighty will accomplish this.

December Recipe

Easy Gingerbread Cookies Recipe

Ingredients

- 15.9 oz. pkg. butterscotch pudding mix
- 3/4 C. butter
- 3/4 C. firmly packed brown sugar
- 1 egg
- 2 1/4 C. all-purpose flour
- 1 tsp. baking soda
- 1 Tbs. ground ginger
- 1 1/2 tsp. ground cinnamon

Directions

Cream pudding mix with butter and sugar; add egg, and blend well. Combine flour, baking soda, ginger, and cinnamon; blend into pudding mixture. Chill dough for 1 hour or until firm. Roll dough on a floured board to about 1/4 inch thickness and cut with cookie cutter. Place on greased baking sheets; use a straw to make a hole in the top of the cookie for hanging on the tree, if desired. Bake at 350 degrees for 10-12 minutes. Remove from oven and cool on wire rack. Decorate if desired!

