

August 2008

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

Enabling residents to find meaning and joy in life, in a caring Christian environment



A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing and the lawn mower is broken.

- James Dent



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Welcome August

It's August! Although it's hard to believe when it's been feeling more and more like April with all the rain and stormy weather. We don't let the weather affect how much fun we have at Markhaven! The residents are looking forward to ice cream trips to Uxbridge, B.B.Q.'s this month and next, as well as entertainment that has been booked for those rainy days. Markhaven wishes everyone a happy and safe August summer!

Thank You

Markhaven would really like to thank all of the volunteers and staff that have been helping out in the garden this summer. The gardens are looking more colourful. The residents really appreciate all of your time and effort. The program staff would also like to thank the volunteers who have been assisting in transporting residents to and from their daily activities. We can't thank you more for all your hard work and time.

Office Hours – Regular

The office will be open:
8am - 5pm -- Monday to Friday

Poem of the Month

Sonnet 18

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate:
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date:
Sometime too hot the eye of heaven shines,
And often is his gold complexion dimm'd;
And every fair from fair sometime declines,
By chance, or nature's changing course untrimm'd;
But thy eternal summer shall not fade,
Nor lose possession of that fair thou ow'st;
Nor shall Death brag thou wander'st in his shade,
When in eternal lines to time thou grow'st:
So long as men can breathe, or eyes can see,
So long lives this, and this gives life to thee.

William Shakespeare



The Alzheimer Society

The Alzheimer Society of York Region Invites You to Attend
The 11th Annual Golf Classic Tourney

Date: Thursday August 14th, 2008
Registration Time: 6:30a.m.
Shotgun Start: 7:45a.m.
Place: Angus Glen Golf Club (Markham)

The package is \$225 per person and includes 18 holes of golf, electric cart, lunch and contests. Payment must accompany all registrations, payment by Visa or cheque to the Alzheimer Society of York Region. Registrations accepted on a first come first served basis. The money generated from the tournament goes towards providing opportunities to enhance research towards the cause and cure of this devastating disease. We, at the Alzheimer Society, thank you for your continuous and gracious support. Please call the office at (905) 895-1337 for golf registration and corporate sponsorship opportunities.



Home Management Team

Executive Director: Basil Tambakis

Director of Care: Karrie Brandt

Director of Business Services:
Laura Burns

Director of Program Services:
Hazel Moore

Environmental/Laundry:
Randy Haugh

Food Services: Jennifer Foster

Resident & Volunteer Services:
Brenda Wilson

Admin Assistant: Robin Drake

Family Council

Date: Tuesday September 16, 2008
Time: 6:30 p.m. - 7:30p.m.
Place: Neely Auditorium (Second Floor)

Guest Speaker, Mr. Basil Tambakis (Executive Director of Markhaven) speaks to us about "Emergency Preparedness"

The Markhaven Family Council is made up of families and friends of residents. It serves as a support group, as well as a liaison between families, staff and management. The council is dedicated to the promotion and improvement of health, welfare and happiness of all residents in Markhaven Home for Seniors.

We meet throughout the year creating friendships and partnerships while providing a safe and knowledgeable forum for families. We have guest speakers throughout the year to address family council needs.

For more information regarding the Family Council contact Karen Panfili by:

E-mail - kpanfili@hotmail.ca
Phone - 905-882-6042

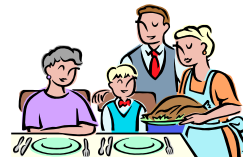
Dining With Residents

Just a reminder that family members are welcome to purchase meal tickets, but they must be purchased in advance and can only be purchased when our front office is open. The times meal tickets can be purchased are as follows:

Monday to Friday: 9-5 p.m.

If there is more than one family member wanting to dine with our residents our dietary department needs advanced notice.

Thank you!



Resident Clothing

Staff would like to remind all family members that all clothing belonging to our residents must be labeled with their name and room number and must be labeled prior to being worn. We would also like to remind everyone that all clothing must be 100% washable and dryable as to adhere to infection control. Markhaven does provide the clothing labels free of charge. Please call Brenda Wilson to order at ext. 3308. Thank you!

Program Department

Birthday Party

Come join the fun on Wednesday, August 6th 2008 at 2:30p.m. in the Neely Auditorium for the monthly birthday party. Everyone is welcome to attend!



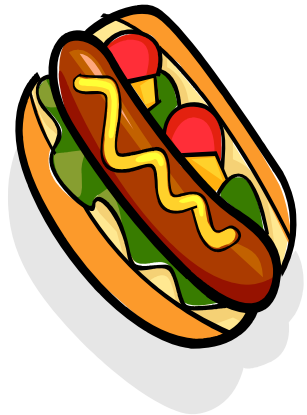
Resident B.B.Q.

All the residents are invited outside to the front parking lot Wednesday August 13th, 2008 at 12:00p.m. for a B.B.Q. lunch. There will be music and hopefully sunshine!

Country Kenny Show



Residents, family and friends please join us in the Neely Auditorium at 2:30p.m. on Monday August 11th, 2008. We will be welcoming back Country Kenny for some musical entertainment. Don't miss the show!



Ice Cream

We are renting a bus on Friday August 15th, 2008 to go for a drive and ice cream. Please inform the Program Staff no later than August 13th if you wish to go. Volunteers and family members are welcome. The bus will be loading at 1:30p.m. and will be returning at 4:30p.m. Note: Limited seats available.



The Westenders

Everyone is welcome to join us in the Neely Auditorium at 2:30p.m. on Friday August 29th, 2008 for a musical performance from The Westenders. The Westenders have performed at Markhaven several times and have always been a big hit. This is a show not to miss!

Volunteers



Markhaven is in need of volunteers in the following areas:

Chapel Service - To assist our residents wishing to attend the half hour Sunday service provided in the Neely Auditorium on the 2nd floor from 3-4:15 p.m.

Friendly Visits - Any time during the day or early evening, visits are appreciated from volunteers.

Gardening Help - Once the spring weather kicks in we will need volunteers who can help maintain the gardens.

Activity Assistance - To assist the program staff with activities with the residents.

If there are any other volunteer opportunities that you feel the residents at Markhaven would benefit from then please feel free to contact Brenda Wilson at 905-294-2233 ext. 3308.

Foot Care Services

In order to continue to provide foot care services for our residents it is necessary for Markhaven Inc. to increase the price from \$20.00 to \$21.00 per treatment, effective September 1, 2008.

Thank You Ruth

On Monday, June 2nd The Markhaven Foundation hosted a small luncheon in the Board Room so senior staff and members of the Foundation Board could express their thanks to a very special 86 year old. Ruth Storey has been associated with Markhaven since her husband Bill was admitted, suffering from a rare and incurable disease.

Bill was a very successful businessman. However, in the space of several months he went from being an avid tennis player to not being able to maintain his balance and falling frequently. Over the next months Ruth faithfully visited her husband and became part of the Markhaven Family. During the construction of the new Markhaven building the Storey family co-sponsored the second floor North Wing with a \$50,000 gift and that wing still bears the name of Bill and Ruth Storey.

For many families, when their loved one passes away, the connection to Markhaven comes to an end. The room is emptied, the estate is settled and life moves on. However, for some like Ruth, that event simply marks the change in their relationship with Markhaven. When Bill died Ruth continued to be part of the Markhaven family.

Even since the new facility was opened in 2004 Ruth has been an active volunteer and supporter of Markhaven. One year the Annual Gala Dinner in November fell on her birthday. So she paid for two full tables and filled them with family and friends for a birthday bash. Her warm personality and contagious smile endeared her to residents and staff. For visitors on Friday mornings, Ruth became a Markhaven fixture volunteering at the welcome desk.

On June 3rd Ruth moved to Collingwood to be closer to her daughter and the family cottage. She will be missed at Markhaven but staff wished her well during this time of transition. She will make many new friends in Collingwood. Her old ones at Markhaven will think of her often.

Brian K. Rennick

Verse of the Month

In the beginning was the Word, and the Word was with God, and the Word was God.

