

April 2008

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

Enabling residents to find meaning and joy in life, in a caring Christian environment



Keep your faith in all beautiful things; In the sun when it is hidden, in the spring when it is gone.

- Roy R. Gilson

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Welcome April

April is here! I think everyone here at Markhaven is cheering for the April showers to bring the May flowers. So far all we've received is more snow! Hang in there Markhaven. The warmer weather can't hide forever!

Dining With Residents

Just a reminder that family members are welcome to purchase meal tickets, but they must be purchased in advance and can only be purchased when our front office is open. The times meal tickets can be purchased are as follows:

Monday to Friday: 9-5 p.m.



If there is more than one family member wanting to dine with our residents our dietary department needs advanced notice.

Thank you!

Reminder

A copy of all 2007 Tax Assessments should be brought in ASAP if re-applying for the 2008 accommodation subsidy elective July 1st, 2008. Bring information to the Administration Office.

Office Hours – Regular

The office will be open:

8am - 5pm -- Monday to Friday

10am - 4pm – Saturday, Sunday & Holidays

Poem of the Month

A Prayer In Spring

Oh, give us pleasure in the flowers today;
And give us not to think so far away
As the uncertain harvest; keep us here
All simply in the springing of the year.

Oh, give us pleasure in the orchard white,
Like nothing else by day, like ghosts by
night;
And make us happy in the happy bees,
The swarm dilating round the perfect trees.

And make us happy in the darting bird
That suddenly above the bees is heard,
The meteor that thrusts with needle bill,
And off a blossom in mid-air stands still.

For this is love and nothing else is love,
The which it is reserved for God above
To sanctify to what far ends He will,
But which it only needs that we fulfill.

By Robert Frost



Family Council

Date: Tuesday June 2nd, 2008

Time: 6:30 p.m.

Place: Markhaven's Neely Auditorium (2nd Floor)

Markhaven's Family council welcomes and encourages all family members to attend our next meeting.

Just a reminder to all families to please check the Resident and Family Bulletin Board for all information regarding upcoming meetings, events, activities and news etc. The resident board is located on the first floor just around the corner from the large elevator.

For more information regarding the Family Council contact Karen Panfili by:

E-mail - kpanfili@hotmail.ca

Phone - 905-882-6042



Home Management Team

Executive Director: Basil Tambakis

Director of Care: Karrie Brandt

Director of Business Services:
Laura Burns

Director of Program Services:
Hazel Moore

Environmental/Laundry:
Randy Haugh

Food Services: Jennifer Foster

Resident & Volunteer Services:
Brenda Wilson

Admin Assistant: Robin Drake

Alzheimer Society

The Alzheimer's Society of York Region provides support groups on coping and caring for people with Alzheimer's disease and related disorders. Come check the Markham Group out from September through June.

Date: First Wednesday of each month

Time: 1:30 - 3:30 p.m.

Place: Woodhaven Long Term Care Centre
Wellness Centre, 4th Floor
380 Church Street, Markham

For all other groups please contact the Alzheimer's Society of York Region.

Family Coffee Group

All family and friends of residents are invited to come and have a coffee and chat. Let's get to know each other and perhaps exchange ideas on the last Friday of each month!

Date: Friday April 25th, 2008

Time: 11:00 a.m.

Place: Markhaven's ADC room (2nd floor)



Need any further information? Please call Betty Moir at 905-294-2205.

Front Door Pass

Just a reminder to all family members to please bring your front door security pass every time you visit Markhaven. If you do happen to forget the pass then please ring the doorbell and be patient. There are times when the nursing staff are giving out medications, or are busy with a resident. We are fortunate enough to have volunteers on occasion that are able to open the door for family and friends. Front Door Security Passes can be purchased in the front office for \$25.00 and \$20.00 of this will be returned once the card is no longer needed. It is mandatory that all staff must purchase a pass. Family members and regular visitors are encouraged to purchase a pass as well. To order a pass please call Robin Drake at ext. 3333.

Program Department



BIRTHDAY PARTY

April 2nd is our monthly birthday party to honor and celebrate the residents having birthdays in the month.

ENTERTAINMENT

On Friday April 11th we welcome back Sandra Cohen. She will be performing in the Neely Auditorium at 2:30 p.m. Everyone welcome!!



READING PROGRAM

April 16th E.T. Crowle School children will be in for the Reading program. Residents always look forward to seeing the children.

ART AND HOME FURNISHING SHOW

On Thursday April 30th we are having an Art and Home Furnishing Show in the Neely Auditorium from 9:00 a.m.-3:30 p.m. There is a great assortment of items for example; Comforters, Italian porcelain, purses, art, tablecloths, cutlery, costume jewelry and much more. This show is open for residents, family, friends and staff. Prices start from \$10.00 and up.

SWISS CHALET OUTING



On Wednesday April 23rd the Program Department will be renting a bus to take residents to Swiss Chalet for lunch. Any volunteers or family members that would like to assist residents while on this outing are more than welcome! The staff will be loading the bus at 10:30 a.m. and will return around 3:30 p.m. Note: There is limited wheelchair space on the bus so please let the Program Staff know ASAP if you are interested in coming on the outing.



Program Department Update

I would like to take this opportunity to keep you up to date with the Program Department and services.

We have had quite a change in the past year. We lost our two full time staff that moved on to other opportunities. They have been replaced by Samara Tughan and Katina Choi. Mitch Soares came on board for the part time position when Samara moved up to the full time position. Residents have been very supportive of our new team.

We have been working to improve our service to your loved ones. We continue to provide evening programs on Monday and Wednesday evening in our 1 north secure unit to meet the greatest need and meet our ministry standards. On Saturday we have one staff that works from 8 a.m. until 12:00. This enables the Program Staff member to assist with feeding at the breakfast meal. The Saturday Program Staff member provides after 1:1 feeding and visit, two programs on 1 north and three programs for the other units. One of the additions is a sing along program. One Program staff member works on all statutory holidays from 8 a.m. till 12:00.

We have encountered an improvement of utilization of the activity room on 1 north. This enables the resident to be able to concentrate and promote less confusion. There has been an increase in their participation level.

We have added a baking program twice a month held on the second floor for the other three units. Thus far this program has been very successful and provides great pleasure.

We have a new Wii system for the residents which promote increase stimulation of hand-eye coordination, mental and physical stimulation. The Reesor Public School children have been in and had a bowling challenge with our residents. The children won the first game but a great surprise to our residents they won the second game by a great margin. A great time was had by all. We are working together with the school to have future challenges.

It is great to see that warmer weather is on its way. Residents stated no interest in outings during the cold weather but with warmer weather approaching interest may be renewed.

We have encountered quite a challenge in past outings. There has been an issue of obtaining volunteers to assist with outings. At present most outings we have had two staff accompany the residents. This presents great concerns for our staff in that we want our residents to be safe during these outings and properly supervised. We would welcome family members who are available or friends who would like to volunteer to assist with these outings. If we had volunteers there would be a greater opportunity to offer a better variety of outings.

We have had several new entertainers here this year. We are fortunate to be able to have at least one entertainment function a month. Residents display great pleasure when attending special entertainment functions.

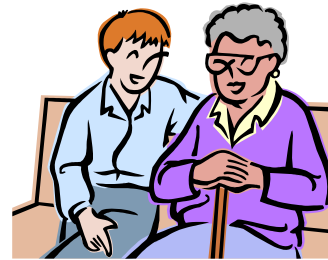
We are in the process of planning a family-resident B.B.Q. this summer. We will keep you posted with the details when information is complete. We encourage family to attend and have a great time.

In closing I would like to say that Markhaven has a common goal with families in wanting the residents to be active and happy in a home-like environment.

If any family member has any questions, concerns or suggestions please call me and I would be glad to talk to you.

Hazel Moore, Director of Program Services

Volunteers



Markhaven is in need of volunteers in the following areas:

Chapel Service - To assist our residents wishing to attend the half hour Sunday service provided in the Neely Auditorium on the 2nd floor from 3-4:15 p.m.

Friendly Visits - Any time during the day or early evening, visits are appreciated from volunteers.

Gardening Help - Once the spring weather kicks in we will need volunteers who can help maintain the gardens.

Activity Assistance - To assist the program staff with activities with the residents.

If there are any other volunteer opportunities that you feel the residents at Markhaven would benefit from then please feel free to contact Brenda Wilson at 905-294-2233 ext. 3308.

Verse of the Month

Ephesians 2:4-9

But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions - it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. For it is by grace you have been saved, through faith - and this not from yourselves, it is the gift of God - not by works, so that no one can boast.

