

March 2008

54 Parkway Avenue, Markham, Ontario L3P 2G4 905-294-2233

Enabling residents to find meaning and joy in life, in a caring Christian environment



"In Ireland the inevitable never happens, and the unexpected constantly occurs"

- John Pentland Mahaffy

Welcome March

March is here! Valentines day has come and past. That means it's almost time to bring out the Irish in Markhaven for St. Patrick's Day! Following this event around the corner is Easter. Let us not forget the true meaning of Easter this month as we celebrate with our family and friends.

March also means that Daylight Savings Time begins Sunday March 9th. Don't forget!

Memory Boxes

Markhaven is very fortunate to have had a "Memory Box" donated for each of our residents rooms. The memory boxes are located on the wall in the hall outside of each resident's room. Many of the memory boxes have been left empty and or are in need of being refreshed. We would like to ask each family if they could place items in the boxes that the resident might recognize. Some examples of items that could be placed in the boxes would be pictures of the resident and or their family members, small trophies or awards, ceramics, dried flowers etc. Any items would be appreciated. The Keys to the boxes can be requested in the front office.



Office Hours – Regular
The office will be open:
8am - 5pm -- Monday to Friday
10am - 4pm – Saturday, Sunday & Holidays

Poem of the Month

His Love

God sent His Son to take the punishment
For all the thoughtless, sinful things we do;
Jesus gave his life because He loves us;
His love is boundless, sweet, forever true.

On Easter morn He showed He is our Savior;
His resurrection proves He is our Lord.
That is why we tell you, "Happy Easter!"
He secured our heavenly reward!

Joanna F.



Inside this issue:

Announcements	1
Family Council & Coffee Group	2
Staff Announcements	2
Programs & Events	3
Income Tax Return	4
Volunteers	4
Verse of the Month	4

Family Council

Date: Tuesday March 5th, 2008

Time: 6:30 p.m.

Place: Markhaven's Neely Auditorium (2nd Floor)

Markhaven's Family council welcomes and encourages all family members to attend our next meeting.

Just a reminder to all families to please check the Resident and Family Bulletin Board for all information regarding upcoming meetings, events, activities and news etc. The resident board is located on the first floor just around the corner from the large elevator.

For more information regarding the Family Council contact Karen Panfili by:

E-mail - kpanfili@hotmail.ca

Phone - 905-882-6042



Home Management Team

Executive Director: Basil Tambakis

Director of Care: Karrie Brandt

Director of Business Services:
Laura Burns

Director of Program Services:
Hazel Moore

Environmental/Laundry:
Ron Sweeney

Food Services: Jennifer Foster

Resident & Volunteer Services:
Brenda Wilson

Admin Assistant: Robin Drake

Alzheimer Society

The Alzheimer's Society of York Region provides support groups on coping and caring for people with Alzheimer's disease and related disorders. Come check the Markham Group out from September through June.

Date: First Wednesday of each month

Time: 1:30 - 3:30 p.m.

Place: Woodhaven Long Term Care Centre
Wellness Centre, 4th Floor
380 Church Street, Markham

For all other groups please contact the Alzheimer's Society of York Region.

Family Coffee Group

All family and friends of residents are invited to come and have a coffee and chat. Let's get to know each other and perhaps exchange ideas on the last Friday of each month!

First Meeting: Friday February 29th, 2008

Second Meeting: Friday March 28th, 2008

Time: 11:00 a.m.

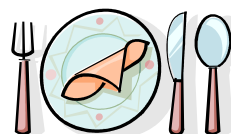
Place: Markhaven's ADC room (2nd floor)



Need any further information? Please call Betty Moir at 905-294-2205.

Welcome Aboard!

Markhaven is pleased to welcome Jozsef Janzso to the Food Services Department as a placement student from Centennial College. He will be with us from March 10th - April 25th.



Program Department



BIRTHDAY PARTY

Our Monthly birthday party will be held Wednesday March 5th at 2:30 in the Neely Auditorium. Come join the residents for a celebration!

A Tribute To Activity Professionals By—S. Stimson

Thank you for all of your creativity.
Thank you for all the extra effort you put into each day.
Thank you for all the special trips and community events.
Thank you for smiling even when you do not feel like it.
Thank you for spending time with those residents who cannot come out of their rooms.
Thank you for the pet visits.
Thank you for giving all of yourself.
Thank you for all the hours you put into planning these elaborate events.
Thank you for supporting the other activity professionals.
Thank you for taking a chance and trying something new.
Thank you for dressing up for all the holidays.
Thank you for the hugs and love you give.
But most of all thank you for dedicating your life to this very special profession.
We can't imagine any home without you!



READING PROGRAM

E.T. Crowle Reading group will be back on the 19th of March in the Neely Auditorium at 10:30. It is always a pleasure for Markhaven residents to see the children again.

ENTERTAINMENT

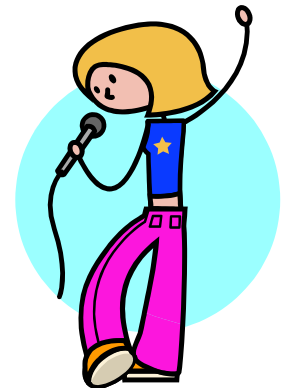
Friday March 14th - We are pleased to have Zoey and Tony back to entertain at 2:30 in the Neely Auditorium. Everyone is welcome for a great time!

Monday March 17th - We have new entertainers performing for us in the Neely Auditorium at 2:30. Their group is called Nice Brothers with Big Daddy. Come support their first visit with us!



RESIDENT ADVISORY MEETING

This meeting will be held Tuesday March 4th at 2:30 in the Neely Auditorium. All residents please try to attend.



ACTIVITY PROFESSIONALS AWARENESS WEEK

This month we celebrate Activity Professionals Awareness week. The dates set this year run from March 2nd through the 8th. Next year our organization APO will be celebrating their 25th Anniversary. When you see one of the staff from the Program Department, wish them a good week! Just think of the word recreation. It really is a beautiful word. It is defined in the dictionary as the process of giving new life to something or restoring something...this something of course is the whole person.



2007 Income Tax Return

Your T1 Income Tax Return for 2007 is due by April 30, 2008. Markhaven will send you a tax letter that will indicate the portion of the fees you have paid that may be claimed as medical expenses. This letter will be sent to you by **the end of February**. Please note that without a completed T2201 fees paid to Markhaven are not deductible.

T2201 (Disability Tax Credit Certificate) – Form to be completed by your doctor for you to qualify in order to claim nursing home care. This form is available on the web at the government site listed below. The first portion of the form must be completed by the resident/POA and the last part must be completed by your family doctor. This form only needs to be completed once – it remains in effect in future years unless you are notified otherwise.

Prescription and other pharmacy costs: Medisystem Shoppers Drug Mart will send you a tax deductible receipt for the monies you have paid them in 2007, but only if you ask them for one. The phone number for Medisystem Shoppers is on the monthly billing notice you receive from them.

For more information on other items that may be deducted as medical expenses go to www.cra-arc.gc.ca and Click on:

“English” or “French”
About Your Tax Return
Completing
What You can deduct
M (for medical expenses)

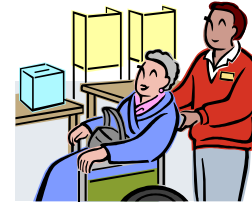
In most cases, items must be prescribed by a medical practitioner in order to be eligible, and you must keep your invoices or receipts as back-up for your claim.

IMPORTANT:

Markhaven does not pay property taxes so you cannot claim the Ontario Property Tax Credit on the basis of rent paid to Markhaven.

If you receive a GIS (Guaranteed Income Supplement) payment from the government along with your monthly OAS (Old Age Supplement), you must file a tax return **by April 30** or the GIS monthly payments will stop as of July 1; once the payments are stopped they will only be re-started if you reapply for the GIS; please note, the government does not normally notify you to let you know that the GIS is being discontinued. You will simply notice that your monthly payment from the government is less.

Volunteers



Markhaven is in need of volunteers in the following areas:

Chapel Service - To assist our residents wishing to attend the half hour Sunday service provided in the Neely Auditorium on the 2nd floor from 3-4 p.m. (Sept. - June 2008)

Friendly Visits - Any time during the day or early evening, visits are appreciated from volunteers.

Pet Therapy - Friendly dogs are needed to come in and say hello to our residents. (Proof of vaccines is required for all pets that come into the home.)

Activity Assistance - To assist the program staff with activities with the residents.

Office Assistance - To assist the office staff 2-3 times a week with filing, copying, etc. (Proof of vaccines is required. Contact Brenda Wilson for more info.)

If there are any other volunteer opportunities that you feel the residents at Markhaven would benefit from then please feel free to contact Brenda Wilson at 905-294-2233 ext. 3308.

Verse of the Month

Matthew 27:50-53

And when Jesus had cried out again in a loud voice, he gave up his spirit. At that moment the curtain of the temple was torn in two from top to bottom. The earth shook and the rocks split. The tombs broke open and the bodies of many holy people who had died were raised to life. They came out of the tombs, and after Jesus' resurrection they went into the holy city and appeared to many people.

